








# Nutritional Wellness: Suggested Program

“Your body is talking. Are you listening?”

-Dr. Sheryl Duchess, ND

Key Benefits for Your Health	Notes
 <p><b>Ultimate Aloe</b> - 32 oz. bottle, code #1280 (Nat.), #1285 (S/K), #1282 (C/A)</p> <ul style="list-style-type: none"> <li>• Supports a healthy digestive tract</li> <li>• Promotes normal healing</li> <li>• Promotes digestive comfort</li> <li>• May help relieve symptoms associated with IBS, Crohns, Indigestion, Acid Reflux, Constipation</li> </ul>	
 <p><b>Isotonix Digestive Enzymes</b> - 90 serving bottle, product code #13022</p> <ul style="list-style-type: none"> <li>• May help occasional stomach upset</li> <li>• Supports a healthy digestive tract</li> <li>• Supports healthy immune function</li> <li>• May help relieve symptoms associated with Indigestion, Acid Reflux, and General Stomach discomfort or upset</li> </ul>	
 <p><b>Isotonix OPC</b> - 90 serving bottle, product code #13009</p> <ul style="list-style-type: none"> <li>• Combats Free Radicals</li> <li>• Demonstrates anti-inflammatory activity</li> <li>• Helps maintain healthy cholesterol</li> <li>• Helps promote cardiovascular health</li> <li>• Promotes Immune Health</li> <li>• May help relieve symptoms associated with chronic conditions such as Allergies, Arthritis, Asthma, Cancer, Cardiovascular Disease, Circulation, Diabetes, High Blood Pressure, Lupus, Lyme’s Disease, PMS, Restless Leg Syndrome, and More.</li> </ul>	
 <p><b>Isotonix Multivitamin</b> - 90 serving bottle, product code #13053</p> <ul style="list-style-type: none"> <li>• Contains 100% or more of the recommended daily value of essential Vitamins and Minerals</li> <li>• Supplements deficiencies in diet</li> <li>• Provides vitamins and minerals associated with healthy body weight</li> <li>• Assures complete nutritional balance and fills in the gaps where the foods we eat can’t provide all of the nutrients necessary for optimal health.</li> </ul>	
 <p><b>Isotonix Activated B Complex</b> - 90 serving bottle, product code #13057</p> <ul style="list-style-type: none"> <li>• Helps decrease stress and improve mood</li> <li>• Increases Energy</li> <li>• Promotes normal cognitive performance</li> <li>• Helps support DNA integrity</li> <li>• May help relieve symptoms associated with Migraines, Head Discomfort, Low Energy/Fatigue, Stress, Depression, and more.</li> </ul>	
 <p><b>Isotonix Calcium Plus</b> - 90 serving bottle, product code #13020</p> <ul style="list-style-type: none"> <li>• Supports skeletal health</li> <li>• Supports normal muscle use and performance</li> <li>• Supports healthy teeth and gums</li> <li>• Helps maintain normal cholesterol levels</li> </ul>	

	<p><b>Heart Health Omega 3 Fish Oils</b> - 60 serving bottle, product code #13852</p> <ul style="list-style-type: none"> <li>• Helps maintain normal cholesterol levels</li> <li>• Helps maintain healthy blood pressure levels</li> <li>• Promotes overall cardiovascular health</li> <li>• Provides the 3 grams of EPA and DHA that studies reveal is the most effective does to promote overall cardiovascular health.</li> </ul>	
	<p><b>Isotonix Vitamin D with K2</b> - 30 serving bottle, product code #13071</p> <ul style="list-style-type: none"> <li>• Promotes healthy arteries</li> <li>• Helps maintain bone health</li> <li>• Supports immune health</li> <li>• Helps maintain cardiovascular health</li> </ul>	
	<p><b>Complete Greens</b> - 60 serving bottle (powder), product code #13142</p> <ul style="list-style-type: none"> <li>• Helps Maintain a healthy digestive tract</li> <li>• Helps individuals receive well rounded nutrition</li> <li>• Helps provide beneficial probiotic activity and nutritional enzymes</li> <li>• Helps benefit the body's organs with nutrients</li> </ul>	
	<p><b>Mochatonix</b> - 14 serving canister, product code #7802</p> <ul style="list-style-type: none"> <li>• Promotes cognitive health</li> <li>• Promotes mental focus and memory</li> <li>• Helps heighten energy and endurance</li> <li>• Supports weight loss and control</li> </ul>	

**Some key things to remember as you embark on the road to wellness:**

- ★ Drink **LOTS** of purified water!
- ★ As the body gets healthy you may notice a slight headache, upset stomach, rash, dizziness, or general fatigue. These detoxification signals indicate that you are getting healthier!
- ★ With certain supplements, dosing and consistency of use are key to getting maximum health benefits. The person who invited you will follow up to ensure that you see the best possible results with your new products.

**SAVE \$\$ by purchasing your products in one of our Special Product Kits!**

**Be sure to ask how you can earn FREE products and up to 50% Cashback!**

**Save an additional 5% and never run out with AutoShip!**