



## Nutritional Wellness: Suggested Program

| Key Benefits for Your Health  | Notes |
|---|-------|
|  <p><b>Ultimate Aloe</b> - 32 oz. bottle, code #1280 (Nat.), #1285 (S/K), #1282 (C/A)</p> <ul style="list-style-type: none"> <li>• Supports a healthy digestive tract</li> <li>• Promotes normal healing</li> <li>• Promotes digestive comfort</li> <li>• Supports a strong immune system</li> </ul>  |       |
|  <p><b>Isotonix® Digestive Enzymes</b> - 90 serving bottle, product code #13022</p> <ul style="list-style-type: none"> <li>• May help ease occasional stomach upset</li> <li>• Supports a healthy digestive tract</li> <li>• Supports healthy immune function</li> <li>• Provides enzymes and good bacteria that promote the absorption of nutrients</li> </ul>   |       |
|  <p><b>Isotonix® OPC-3</b> - 90 serving bottle, product code #13009</p> <ul style="list-style-type: none"> <li>• Combats Free Radicals</li> <li>• Demonstrates anti-inflammatory activity</li> <li>• Helps maintain healthy cholesterol levels</li> <li>• Helps promote cardiovascular health</li> <li>• Supports immune health</li> <li>• Promotes healthy blood vessel dilation</li> <li>• Supports a healthy complexion</li> <li>• Promotes sinus comfort</li> </ul> |       |
|  <p><b>Isotonix® Multivitamin</b> - 90 serving bottle, product code #13053</p> <ul style="list-style-type: none"> <li>• Contains 100% or more of the recommended daily value of essential Vitamins and Minerals</li> <li>• Supplements deficiencies in diet</li> <li>• Provides vitamins and minerals associated with healthy body weight</li> <li>• Promotes normal healing</li> <li>• Helps maintain water and electrolyte balance in the body</li> </ul>             |       |
|  <p><b>Isotonix® Activated B Complex</b> - 90 serving bottle, product code #13057</p> <ul style="list-style-type: none"> <li>• Helps decrease stress and improve mood</li> <li>• Increases Energy</li> <li>• Promotes normal cognitive performance</li> <li>• Helps support DNA integrity</li> <li>• Helps decrease stress and improve mood</li> </ul>   |       |
|  <p><b>Isotonix® Calcium Plus</b> - 90 serving bottle, product code #13020</p> <ul style="list-style-type: none"> <li>• Supports skeletal health</li> <li>• Supports normal muscle use and performance</li> <li>• Supports healthy teeth and gums</li> <li>• Helps maintain normal cholesterol levels</li> </ul>  |       |
|  <p><b>Heart Health Omega 3 Fish Oils</b> - 60 serving bottle, product code #13852</p> <ul style="list-style-type: none"> <li>• Helps maintain normal cholesterol levels</li> <li>• Helps maintain healthy blood pressure levels</li> <li>• Promotes overall cardiovascular health</li> <li>• Supports joint health</li> <li>• Promotes a healthy complexion</li> </ul>   |       |
|  <p><b>Isotonix® Vitamin D with K2</b> - 30 serving bottle, product code #13071</p> <ul style="list-style-type: none"> <li>• Promotes healthy arteries</li> <li>• Helps maintain bone health</li> <li>• Supports immune health</li> <li>• Helps maintain cardiovascular health</li> </ul>   |       |
|  <p><b>Complete Greens</b> - 60 serving bottle (powder), product code #13142</p> <ul style="list-style-type: none"> <li>• Helps Maintain a healthy digestive tract</li> <li>• Helps individuals receive well rounded nutrition</li> <li>• Helps provide beneficial probiotic activity and nutritional enzymes</li> <li>• Helps benefit the body's organs with nutrients</li> </ul>  |       |
|  <p><b>Mochatonix</b> - 14 serving canister, product code #7802</p> <ul style="list-style-type: none"> <li>• Promotes cognitive health</li> <li>• Promotes mental focus and memory</li> <li>• Helps heighten energy and endurance</li> <li>• Supports weight loss and control</li> </ul>  |       |